



EMC-Lunch

11:30-18:00



Lunch is 13 € when it's bought on the spot, but if lunch is reserved at least a day before by email or you have bought lunch tickets its 10 €/lunch.

Lunch is served 11:30 – 18:00

Except:

Thu 2.6. 13:00 – 18:00

Mon 6.6. 11:30 – 17:00

Fri 10.6. 11:30 – 17:00

Reservations:

bowling@bowling.fi



13€



EMC-Lunch



11:30-18:00



Tue 31.5. Lasagne (L), Salmon casserole (LL,G)

Wed 1.6. Karelian hot pot(LL,G),
Fried Baltic herring fillets (L)

Thu 2.6. Beef-risotto(LL,G), Chicken pasta(L)

Fri 3.6. Baked salmon (LL,G), Turkey Cordon Bleu(L),
Rösti-potatoes

Sat 4.6. Chicken Kiev (L), Pan patty (LL,G),
Herb potatoes, Veggies

Sun 5.6. Fajitas (LL, G)

Mon 6.6. Bolognese sauce(LL,G),
Cheesy salmon sauce(LL,G), Pasta (L)

Tue 7.6. Chicken roast (LL,G),
Chili con carne(LL,G), Rice (LL,G)

Wed 8.6. Fried Vendace (L),
Meatballs(LL,G),mashed potatoes

Thu 9.6. Sausages, Chicken nuggets,
Veggie buttons,Potato salad,
coleslaw, Caesar salad and more

Fri 10.6. To be announced...

Lunch always includes large salad assortment
and bread and water.

(L = Lactose free, LL = Low Lactose, G = Gluten free)

